Department of Nursing

AAS.NURS.EVENING

New Student Packet

Spring 2023



Dear Incoming Nursing Students,

As you begin, I personally want to welcome you to the Bergen Community College Student Nursing Program. Each professional in the Nursing Department, faculty, staff, and administration, are here to assist you in your endeavors. Together we will support and encourage you to attain your goals of becoming a registered nurse.

Our state-of-the-art Health Professions Integrated Teaching Center fosters a collaborative environment using the most current methodologies. Various disciplines interact with each other to simulate live clinical experiences in our Interdisciplinary Center for Simulation. Our experienced nursing faculty provide students with the opportunity to bridge the theory-practice gap by providing real world experiences to prepare you to become leaders of tomorrow.

Bergen Community College Nursing Program has a reputation of excellence. The health care facilities with whom we work, welcome and encourage our students to develop and grow in the learning process and in the profession of nursing. Our Nursing Program is accredited by the Accreditation Commission for Education in Nursing (ACEN), which is an indicator of the success of our program.

The faculty, staff and I wish you a successful year!

Sincerely,

Darlene Zales-Russamano

Darlene Zales-Russamano, MSN, RN, CNEcl, AHN-BC
Associate Dean/Nursing Program

NEW STUDENT ORIENTATION FOR
Spring 2023 SEMESTER

ATTENDANCE IS MANDATORY!

Day 1 – In person
Day 2 – Virtual
Day 3- In person

The schedule is as follows:

Day 1: January 10th, 2023

9:00am – 11:30am: Orientation in HP 302/304

11:30am - 12:30pm: Break/Tour - Bring your own lunch

12:30pm - 3:00pm: Nursing Handbook Review with:

Associate Dean Zales-Russamano

Assistant Dean Carmen Cruz-Torres

3:00pm - 4:00pm : Nursing Student Panel

Day 2: January 11th, 2022 -Virtual

9:00am - 10:00 am (All Students)
ATI Information Session
Facilitated by ATI Instructor **Jennifer Knipp**
https://atitesting.zoom.us/j/99434849319
Meeting ID: 994 3484 9319

10:30am – 11:30am F.A. Davis (ALL STUDENTS)
Facilitated by **Theresa Greiner/Colleen Keenan**
https://us02web.zoom.us/j/84633514670
Meeting ID: 846 3351 4670

1:00 pm – 4:00 pm (All Students)
ATI – Online Test Taking Strategies Seminar
Facilitated by ATI Instructor Ellis Choi
Link to be sent at a later date

Day 3: January 12th, In person
10A-12P
Orientation to Student Services

MANDATORY

NURSING DEPARTMENT REQUIREMENTS

Please read carefully and complete **ALL NURSING DEPARTMENT** requirements ***by the deadline listed***.

Nursing Department Compliance Information should be submitted to the below
NURSING Department URL: https://lf.bergen.edu/Forms/hp0001

- CPR Certification – **American Heart Association,** BLS for Healthcare Providers **ONLY**
- Malpractice Insurance (coverage as a registered nursing student)
- CHBC – Criminal History Background Check – Scheduled date and/or completion date
- Drug Screen – Must be done between **December 12th-December 23rd,2022 *ONLY***
- Student Handbook Sign-Off

Do not "check the box" until you have read the Nursing Student Handbook.

The Spring 2023 Nursing Student Handbook will be available per the below link:
bergen.edu/nursing/more-info/

Deadline for all **NURSING DEPARTMENT** Requirements are to completed by
December 23rd, 2022 (NO EXCEPTIONS)

Students will **NOT** be permitted to progress into the nursing program unless **all** of the above compliance documentation is submitted.

MALPRACTICE INSURANCE

Nursing students are required to purchase liability insurance. You can purchase the insurance from any company, but it must cover you as a Registered Nurse Student for at least the amounts of 1 million dollars ($1,000,000) per individual claim and 6 million dollars ($6,000,000) per aggregate claim.

Many of our nursing students use NSO (Nurses Service Organization) to purchase their liability insurance. This company's liability coverage for nursing students is now at a level of $1,000,000 per individual claim and $6,000,000 per aggregate claim for a Registered Nurse Student.

You can apply online to purchase your insurance from NSO at: www.nso.com or you can call toll free at 1-800-247-1500.

A copy of your **Certificate of Insurance** only

must be submitted electronically with your other

documentation

December 23rd, 2022

CPR CERTIFICATION

ALL NURSING STUDENTS ARE REQUIRED TO MAINTAIN CPR CERTIFICATION FROM THE FOLLOWING ORGANIZATION ONLY:

AMERICAN HEART ASSOCIATION

Level: BLS for Healthcare Providers Certification

***IMPORTANT**: Be sure you have registered for the **correct level of CPR certification** as indicated above. CPR certification must also be from a live, in-person course from the organizations listed above. No online CPR certification will be accepted.

Class schedules are available online at the American Heart Association website, www.americanheart.org

The Bergen Community College School of Continuing Education also offers CPR classes that meet our Nursing Department requirements. You can contact the Bergen Community College School of Continuing Education at 201-447- 7488 to obtain more information. It takes a few weeks to receive your official CPR card.

*** Upon receipt of your card, please MAKE A PHOTOCOPY of the card and submit it with your other required compliance documentation electronically, per the below link:**

URL to: https://lf.bergen.edu/Forms/hp0001

* If you have not received a copy of your card by December 16th we will **temporarily** accept a letter from the CPR course instructor stating that you successfully passed the course (until your card arrives).

Students who are unable to meet the performance criteria for Certification due to health restrictions must:

1. Present a physician's statement excluding them from this requirement and
2. Attend the theory component of the CPR course.

Proof of exemption must be sent from the physician; attendance at the course must be validated.

Deadline for all Requirements to be turned in: December 23rd, 2022

CPR will be offered at BCC on **December 15th, 9am-2pm and 5pm-10pm** (201-447-7488)

Level I Students

Dear Level One Nursing Student:

Welcome to the Nursing Program at Bergen Community College. We have a proud 50+ year history of educating nurses to provide health care to area residents and beyond. The faculty and nursing administration rigorously and regularly review student and program outcomes always seeking new ways to improve the teaching/learning process.

As a result of our studies, we are pleased to introduce a program to further aid nursing students to learn the theory and clinical application to nursing practice. This program is affiliated with ATI testing and remediation. You may recognize the name because the entrance examination you took to qualify for the Nursing Program is an ATI product. The program, utilized by numerous nursing programs throughout the country, will include the following products:

- Tutorials and Simulations
- Practice Assessments
- Proctored Assessments
- Active Learning Templates
- Print and eBooks

This program will provide YOU with personalized electronic remediation content; it will help you address your weaknesses. Your performance will be assessed in accordance with the categories tested on the ATI exit examination AND the national licensing examination, (NCLEX-RN) that you will be required to take to become a registered nurse.

We wish you the very best and will share in your success as you achieve your goal of becoming a registered nurse.

Sincerely,

Darlene Zales-Russamano

Darlene Zales-Russamano MSN, RN, CNEcl, AHN-BC
Associate Dean of Nursing

NURSING STUDENT SCHOLARSHIPS

There are many scholarships available for students enrolled in the Nursing Program at Bergen Community College. We encourage all students to take advantage of the financial assistance offered by the scholarships available at BCC. Nursing student scholarships and the application can be viewed on the Bergen Community College web page via the following link:

https://bergen.edu/community/foundation/scholarships/

DEPARTMENT OF NURSING SKILLS KIT

Your Nursing Skills kit can be Purchased through **M&M Medical Sales, Inc.** by completing the form below.

All payments are due prior to Dec. 15th, 2022

After you order your Nursing Kit, you will be required to **Pick up** your Nursing Kit at M&M Medical Sales Inc. on **Jan. 11th, 12th, & 13th, 2023 ONLY**

Office hours for pick-up will be 8:30 am – 4:00 pm Monday – Friday.

If you DO NOT Pick up your Nursing Kit during this Week, You Will **NOT** be able to move forward in the Nursing Program.

M&M MEDICAL SALES, INC.
356 South Maple Avenue
Glen Rock, New Jersey 07452
(201) 612-9060

BERGEN COMMUNITY COLLEGE, DEPARTMENT OF NURSING
NURSE TRAINING KIT **- $125.00**

This order form, along with your payment must be received by M&M Medical Sales, Inc.

Your Nursing Training Kit **cannot** be returned. The contents of this Kit have been developed in conjunction with your instructors and are required for your program. If you are missing any content from your Nursing Skills Kit please contact M&M Medical Sales, Inc, directly.

Payment is accepted **by Cash, Certified Check or Money Order only**.
All orders **MUST** be placed and received by **Dec. 15th, 2022**

Mail or deliver checks to:
M&M Medical Sales, Inc.
356 Maple Avenue
Glen Rock, New Jersey 07452

Please include the following information:

Student's Name: _____

Telephone Number: _____

PLEASE RETURN THE ENTIRE ORDER FORM
The Nurse Training Kit is a custom package, which will be made to order for you. If you do not order before the deadline, you will not receive the nursing Kit and will Not move forward in the Nursing Program.

BERGEN COMMUNITY COLLEGE SCHOOL OF HEALTH PROFESSIONS DEPARTMENT OF NURSING

CONTENT NURSING SKILLS KIT

QTY	ITEM	COMMENTS
1	Sterile Foley Catheterization Tray	
5 pairs	SensiCare Powder Free Synthetic Exam Gloves	
2	IV Set, Primary Tubing (Clearlink continu-flo solution set 112 inch	
2	IV Set Secondary Tubing (Clearlink secondary medication set with blue hanger in bag)	
2	250 ml Sodium Chloride (0.9% or Dextrose) injection USP Solution Bags in clear plastic wrap	
2	50 ml Sodium Chloride (0.9% or Dextrose) injection USP Solution Bags in clear plastic wrap	
1	Suction Catheter Kit sterile/disposable size 14 French	
1	Irrigation Tray with piston Syringe or bulb syringe in long white container	
2	Central Line Dressing Change Tray	
2	Towel/Drape Non-Fenestrated (sterile disposable towel)	
25	Sterile Gauze Packets (4 x 4 sterile gauze dressings)	

You will find the Items below in the plastic bag. Tweezers, inner cannula, and cotton balls are for use during Level-2 rotation. Please bring your nursing skills kit to the lab for skills practice and validation.

1	Practi-Insulin, NPH (cloudy solution)	
1	Practi-Insulin, Regular (clear solution)	
2	Tie-On Face Mask	
2	1-piece plastic Isolation Gown with thumb and over-head opening	
1	Disposable Eye Light (pen light to check pupil size)	
1	Shiley Disposable Inner Cannula 6DIC (curved round cannula with wings) Tracheostomy inner cannula	
5	Cotton balls	
1	Sterile Thumb Forceps (tweezers)	

Revised 10/19/2021

PLEASE CHECK YOUR NURSING SKILLS KIT IMMEDIATELY

UNIFORMS



Hello Nursing Students,

Spring 2023, all Health Professions are to wear scrubs to the campus at all times. Each discipline will be recognized by their color.

Nursing will be **PURPLE** to honor our school color. This establishes a professional appearance, as well as a safety measure for the Health Professions Building.

Uniform Ordering Information:

All incoming Level I students must visit the Yay Scrubs showroom from Dec 5th to Dec. 9th ONLY for their uniform sizing.

All Payments are due at the time you place your uniform order.

No Orders Accepted After December 15th, 2022

The uniform company: **Yay Scrubs**
336 Main Street
Hackensack, N.J. 07601
201-820-4852
info@yayscrubs.com

Hours of operation: Monday through Thursday 10:15am - 7pm

PLEASE NOTE! DO NOT call to confirm your appointments. These are already confirmed. ONLY call if you need to re-schedule. If rescheduling, Yay Scrubs will need **24** to **48hrs** notice.

Reminder: Uniforms are required to be worn AT ALL TIMES when on campus/Labs.

***After you have been sized in December, **Yay Scrubs** will notify each student directly and individually when your order is completed. Please Do Not Call **Yay Scrubs**. They will contact you.

YAY SCRUBS
336 MAIN STREET
HACKENSACK, NJ 07601
201-820-4852

BERGEN COMMUNITY COLLEGE - NURSING PROGRAM
STUDENT ADVISORY LETTER

Required Uniform Purchase: Two sets of scrubs, One lab coat, One name pin.

All orders **must be paid in advance** and are a *Final Sale*. Cash & Credit/Debit cards ONLY. NO PERSONAL CHECKS.

Please arrive to your scheduled appointment ON TIME! As this time has been reserved for you.

Reminder: ALL ORDERS MUST BE PLACED BY DEC. 5th to DEC 9th, 2022

WOMEN
SK101-1276, NEW GRAPE TUNIC WITH CUSTOM EMBLEM APPLIED TO LEFT SLEEVE
XXS-XL $23.99
2X-3X $27.99

SK201-1276, NEW GRAPE PULL-ON PANT P=PETITE, T=TALL
XXSLXL, XXSP-XLP $22.99
2X-3X $26.99
XST-XLT $26.99

MEN
SK0112-1276, NEW GRAPE TOP WITH CUSTOM EMBLEM APPLIED TO LEFT SLEEVE
XS-XL $26.99
2X-3X $30.99

SK0215-1276, NEW GRAPE PANT S=SHORT, T=TALL
XS-XL, XSS-XLS $24.99
2X-3X $28.99
ST-XLT $28.99

UNISEX
805-WHITE, CONSULTATION LAB COAT, 31" WITH EMBLEM APPLIED TO LEFT SLEEVE
XXS-XL $27.99
2X-3X $29.99

CUSTOM NAMETAG: $15.00

YAY SCRUBS ALSO SUPPLIES THE FOLLOWING ADDITIONAL REQUIRED ITEMS:
All white leather shoes or full back plastic clogs, NO CANVAS/FABRIC FOOTWEAR.

Bandage Scissors  Stethoscopes  Penlights 

REMINDER: STORE HOURS **MONDAY THROUGH SATURDAY, 10:15AM TO 7:00PM**

UNIFORM FITTING SCHEDULE

Uniform Fitting Times	Monday December 5th	Tuesday December 6th	Wednesday December 7th	Thursday December 8th	Friday December 9th
10:15a-11a		Daylo, Christopher			
11a-12p				Albarico, Carby Arias-Orozco,Natali	Cabrera, Vanessa Caivano, Desiree
12p-1p	Cevallos, Brittney Chen, Elin	Chung, Julie Coellar, Carlos	Coluccio, Nikki Comia, Michael	Cynar, Uliana Davis, Shaddae	Dayoub, Danielle Drakopoulos, Irini
1p-2p	Eliz, Sharon Fadiga, Kadiatou	Frank, Lawrence Frempong, Edmund	Gardner, Abiola Garfinkel, Michael	Gomez, Brittney	Ito, Giovanna Jiang, Woomin
2p-3p	Kim, Daewoo Kim, Ji-Hyuk	Ko, Hyun Laracuente, Ramon	Lee, Mendel Lewis, Geraldine	Linares, Mischa Marchant, Alexandra	Martins, Giselle Matombo, Hope
3p-4p	McCormick, Nicole Mellor, Paul	Mineo, Sarah Molina, Joanna	Molina, Luis	Mora, Jose Moran, Yolanda	Munonye, Klara Murillo, Marisol
4p-5p	Navida, Jeszel	Ogundeji, Sekinat	Pineda, Maria	Raido, Katie Razon, Maria	Remigio, Judith

	Neri, Nilo-Enrico	Pak, Angela	Persaud, Devin		Reyes, Samaly
5p-6p	Rodriguez, Shamielle Sangalang, Jon	Sheikh, Sarah Shin, Juhan	Shyong, Erin Singh, Sandra	Skelly, Megan Smith, Renae	Solis-Silva, Chelsy Soto, Emily Gutierrez, Monica
6p-7p	Stephan, Katherinne Tarnowska, Marta	Teo, Siew Tipiana, Jonathan	Valencia, Anthony Valenzuela, Francia	Valenzuela,Sophia Vergili, Svetlana	Vianna, Nicholas Walsh, Liam

TEXTBOOKS FOR SPRING 2023

All required course materials, including your books bundled together for great savings, can be purchased through the bookstore at www.Bergenstore.com. Please contact the Bookstore directly at bookstore@bergen.edu for any questions or concerns.

***New Student only need to purchase Level 1 textbooks prior to the start of class*.**

LEVEL 1

NUR 181–ASSESSMENT

Jarvis, Carolyn. Physical Examination and Health Assessment, 8th edition. 2018. Elsevier.
ISBN #: 9780323510806

Van Leeuwen, Poelhuis-Leth, and Bladh. Davis's Comprehensive Handbook of Laboratory and Diagnostic Tests with Nursing Implications, 9th edition. FA Davis.
ISBN #: 978-1-7196-4058-9
~or~
Pagana and Pagana. Mosby's Diagnostic and Laboratory Test Reference, 15th edition. 2018, Elsevier.
ISBN 10: 0323609694
ISBN #: 9780323609692

NUR 182 - PHARMACOLOGY/MATH

Pharmacology: A Patient Centered Nursing Process Approach
Linda E. McCuistion, Kathleen Vuljouin-Dimaggio, Mary B. Winton, Jennifer J. Yeager (2021). Elsevier 10th ed.
ISBN #: 978-0-323-64247-7

Calculate with Confidence
Morris Gray, D. (2018). Elsevier 7th ed.
ISBN #: 987-0-323-39683-7

NUR 183 – CONCEPTS

Judith M. Wilkinson and Leslie S. Treas. Fundamentals of Nursing Vol 1 & 2, 4thedition &
Davis Edge RN Funds, 4th Edition
ISBN #: 978-0-8036-7690-9 (includes **Davis Advantage**)

Judith M. Wilkinson and Leslie S. Treas. Procedure Checklist for Fundamentals of Nursing, 4th edition.
ISBN #: 978-0-8036-7689-3

April Vallarend, Davis's Drug Guide for Nurses, 18th edition.
ISBN #: 978-1-7196-4005-3
or

Skidmore-Roth: Mosby's Nursing Drug Reference
ISBN #: 9780323757331

Mosby's Dictionary of Medicine, Nursing & Health Professions. 10th edition Elsevier.
ISBN #: 9780323222051
or

Taber's Cyclopedic Medical Dictionary (Thumb-indexed Version). 24th edition. F.A. Davis.
ISBN #: 978-1-7196-4285-9

NUR 183 – CONCEPTS (continued)

Optional

Nugent and Vitale. Test Success ISBN-13: 978-1-7196-4002-2
Fundamentals Success ISBN #: 978-0-8036-7745-6
Pharmacology Success ISBN #: 978-0-8036-6924-6
F.A. Davis Company

Pearson Reviews & Rationales: Nursing Fundamentals with "Nursing Reviews & Rationales", Maryann Hogan.
ISBN - #: 9780134480589

Margaret Sorrell Trueman: Case Studies in Nursing Fundamentals, F.A. Davis Company
ISBN #: 978-0-8036-2923-3

Nursing Care Plan Books - student choice
Doenges, Moorhouse, Murr. Nursing Diagnosis Manual: Planning, Individualizing and Documenting Client Care. F.A. Davis.
ISBN #: 978-0-8036-7677-0

Nursing Care Plans, Diagnoses, Interventions, and Outcomes, 10th edition. Gulanick & Myers. Mosby.
ISBN #: 9780323711180

Sparks and Taylor's Nursing Diagnosis Reference Manual. Lippincott Williams and Wilkins.
ISBN #: 9781975141745

*** *There is an ISBN code for the bundle package which includes the textbooks i.*Wilkinson*: Davis Advantage for Fundamentals of Nursing, 4th edition* (*2-volume set); ii.* Wilkinson: *Procedure Checklists for Fundamentals of Nursing, 4th edition; iii.* Vallerand: *Drug Guide, 18th edition; iv.*Tabers: *Cyclo Medical Dictionary, 24th edition; v.*Van Leeuwen: *Manual Lab & Diagnostic Tests, 9th edition*

Bundle Package **ISBN13 #: 978-1-7196-3373-4** The bundle is a cost saving of almost $100 for our students.

Bundle Package **ISBN #: 978-1-7196-2428-2**

LIBRARY RESOURCES: http://bergen.libguides.com/nursing

NURSING STUDENT
COMPLIANCE INFORMATION CHECKLIST

FOR ALL REPEATING STUDENTS and STUDENTS ENTERING LEVEL III ONLY

Nursing Department Compliance Information must be submitted to the below NURSING Department URL: https://lf.bergen.edu/Forms/hp0001

- CHBC – Criminal History Background Check – Date of Completion
- Drug Screen – Must be done between **Dec. 12th – Dec. 20th, 2022 ONLY.**
  Please submit scheduled date
- Malpractice Insurance
- CPR Certification – **American Heart Association, ONLY**
- Student Handbook Sign-Check consent box
  Do not sign until you have read the Nursing Student Handbook will review at New Nursing Student Orientation.
  The Spring 2023 Nursing Student handbook will be available per the below link:
  bergen.edu/nursing/more-info/

IMPORTANT – PLEASE READ BELOW AND PLEASE COMPLY

The above compliance information must be completed and **Returned by Dec. 20th, 2022**

Nursing Compliance information must be submitted to:
https://If.bergen.edu/Forms/hp0001

Be on the lookout for a separate packet from our Health Services department in regards to health requirements for your Clinical Practice. Included will be a physical exam form, required labs and drug screening information.