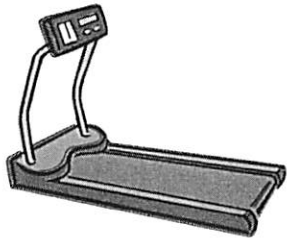


Fitness Center S-128
Free Hours
Spring 2018



Paramus Campus ***Effective 2/23/18***

Days	Times
Mondays	9:00AM -12:00PM 1:00PM - 6:00PM
Tuesdays	9:00AM -12:00PM 1:00PM - 6:00pm
Wednesdays	9:00AM -12:00PM 1:00PM - 6:00PM
Thursdays	9:00AM -12:00PM 1:30PM - 3:30PM
Fridays	8:00AM - 4:00PM
Lyndhurst Campus	***Effective 1/31/18***
Tue/Thurs/Fri	10:00AM – 12:30PM Room 316

Please inform Prof. Wolfe in the Wellness & Exercise Science Dept.(G202) or the WEX/Athletic Offices(G207/G201) if the facility is not open during scheduled hours.

- Proper attire is required
- Valid college ID is required w/medical "M" sticker – medical form must be on file w/Health Services (HS100).
- No food or drink in Fitness Center.
- Classes have preference over free hours.
- The College is not responsible for missing items.

HOURS SUBJECT TO CHANGE WITHOUT NOTICE